



TEJAS SPA

Tejas Spa name is inspired by the Sanskrit word meaning inner beauty or inner power and your five senses will experience just that under the life – giving hand of our staff. Promising an experience that honors the healing traditions of the region, each Tejas spa delivers an individual and authentic encounter combining the therapeutic properties of natural local ingredients and the healing practices of the area, these age-old practices together with modern approaches to health and well-being results in a tailored one-of-a-kind experience, tejas spa offers a consistently unique and uplifting opportunity for refresh , enliven , and energize your inner beauty and inner power.

“Tejas spa vision is to be best health and wellness spa by providing inspired treatment, teaching our clients healthy practices and fostering wellness education



TAKE OUR HAND AND STEP BACK TO WELLNESS AT TEJAS SPA

Tejas spa at Adiwana Unagi inspired by sense of healing and calmness through the gentle sound of flowing river water and nature. It blends traditional Balinese features with a range of facilities, treatments and programs to help your wellness routine. the healing hands of our skilled therapists through specialty treatments and individual journeys that ensure your senses are balanced and mind is blissful.



SIGNATURE
TREATMENT

RIVER STONE DETOX MASSAGE | 60 minutes

Warm river stone anointed with massage oil are placed on the chakra energy centres and massaged over the body to melt away stress and tension. The heater stones promote a deep state of relaxation and clarity of mind.

IDR 850.000++ /person

IDR 1.530.000++ /couple

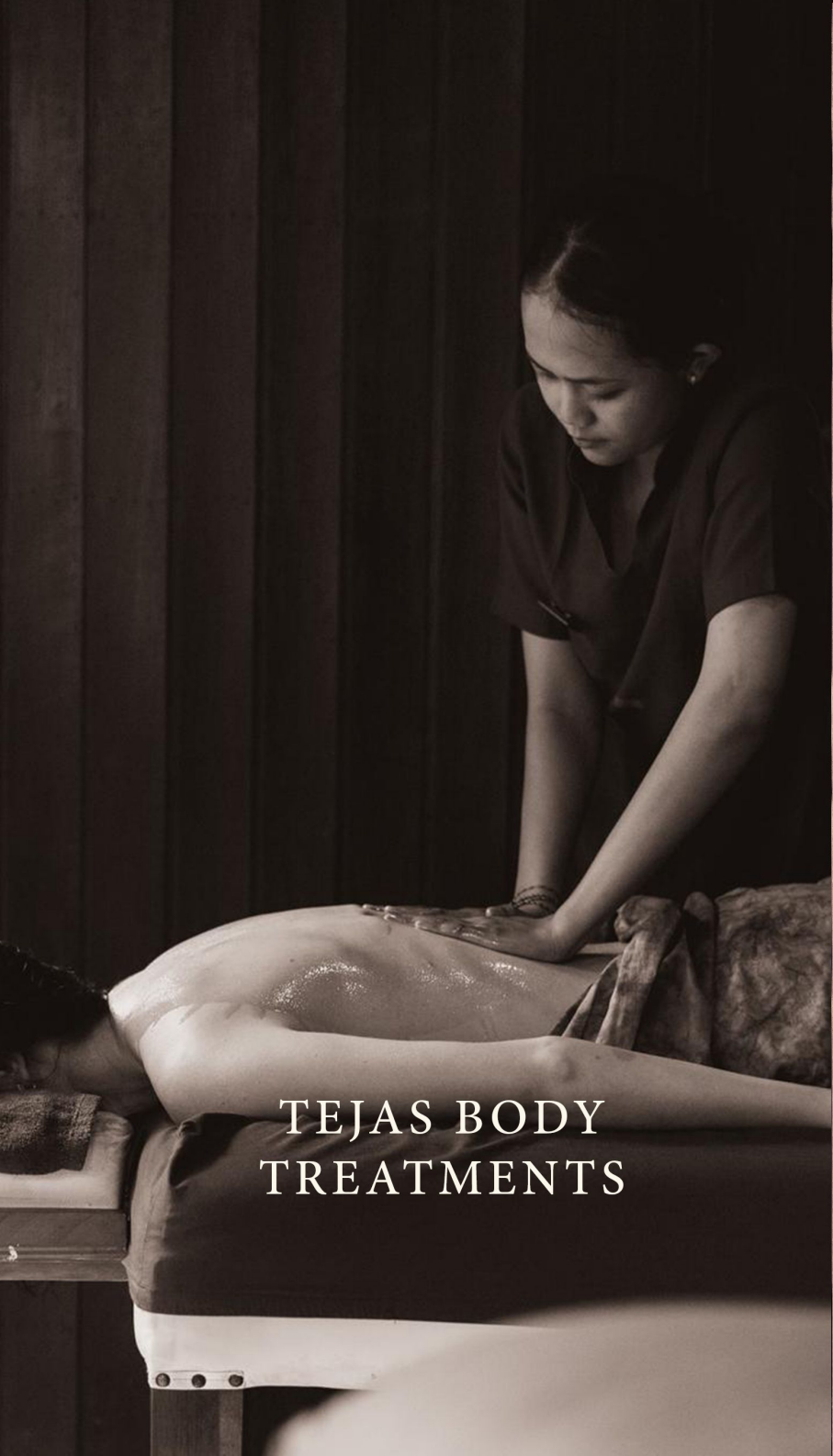
RIVER HARMONY | 90 minutes

Tejas Foot ritual, Hot river stones massage, Express facial

Experience a relaxing to harmonies the body, mind and spirit. Feel your stress and tension melt away under the deep heat of natural river stones applied to strategic energy point of the body.this followed by a nourishing express Facial.

IDR 950.000++ /person

IDR 1.710.000++ /couple



TEJAS BODY TREATMENTS

ABHYANGAM | 60 minutes

Full Body Massage with Medicated Oil

Abhyangam is the principal healing tool and the mother of all massages in Ayurveda. It is known to have healing benefits by naturally harmonizing body, mind, and spirit. This treatment effectively detoxifies, nourishes and revitalizes your whole body to improve general wellness. It stimulates blood circulation, diminishes cellulite, enhances sleep quality, promotes vitality and reduces vata imbalances. It is recommended for the alleviation of stress, stiffness and arthritic backache.

IDR 850.000++ /person

IDR 1.530.000++ /couple

TEJAS SEAMLESS EXPERIENCE | 90 minutes

Four Hand Massage

Experience a unique and innovative Asian fusion massage that is enriched with Ayurvedic Techniques. This massage is personalized to suit your bio- energy level, the focus being complete relaxation of mind, body and soul. To ensure a seamless experience from head to toe which will allow you do drift into a heavenly unforgettable Tejas spa therapy, our signature therapy is performed by two therapist.

IDR 950.000++ /person

IDR 1.710.000++ /couple

BALINESE MASSAGE

This massage uses the traditional balinese technique of firm finger and palm pressure together with long stimulating strokes. Performed with your choice of essential oil blend, this local therapy eases body tension and invigorates the senses.

60 minutes IDR 660.000++ /person 90 minutes IDR 850.000++ /person
60 minutes IDR 1.188.000++ /couple 90 minutes IDR 1.530.000++ /couple

TEJAS BODY POLISH YOGURT AND CUCUMBER

An invigorating therapy which will leave your skin feeling smooth, soft, refreshed and glowing. Experience and indulge in any one (or more) of the wide range of body polish formulas that are available and which have been tailored to fit your individual lifestyle and needs.

30 minutes IDR 350.000++ /person 30 minutes IDR 600.000++ /couple

FOOT REFLEXOLOGY

Reflexology is an ancient therapy that uses the hand only. Pressure placed on specific reflex points of the feet send signal to the corresponding organs and glands acting as a wakeup call. Sensitive or trained hands can detect tiny deposits and imbalances in feet to restore energy and allow self-healing to take place.

30 minutes IDR 420.000++ /person 60 minutes IDR 540.000++ /person
30 minutes IDR 756.000++ /couple 60 minutes IDR 972.000++ /couple

DEEP TISSUE SPORT MASSAGE | 60 minutes

A deep tissue sport massage incorporates elbow and forearm work on deeper tissue and is ideal for guests seeking harder pressure. It helps to release the air trap in the blood stream and veins for physical well-being.

IDR 650.000++ /person IDR 1.170.000++ /couple

ANTI STRESS NECK & SHOULDER MASSAGE | 30 minutes

Is a wonderful treatment tailored for the people who are all the time busy in office work with computer most of the time to lose the tight muscles of neck, shoulder and back. It helps to ease the tension and improve the smooth flow of blood through neck and spinal.

IDR 420.000++ /person IDR 756.000++ /couple



TEJAS BEAUTY
TREATMENTS

BALINESE LULUR BODY SCRUB | 30 minutes

Lulur is an exfoliation that has been practiced in a palace of Bali. Lulur softens your skin and leaves your skin smoother and fresher looking. Suitable for all skin types.

IDR 420.000++ /person

IDR 756.000++ /couple

COCONUT BODY SCRUB | 30 minutes

Stimulates the rejuvenation process by exfoliating dead skin cells. With fresh coconut body scrub is good for restoring moisture and adding a healthy skin. Suitable for Oily skin.

IDR 420.000++ /person

IDR 756.000++ /couple

COFFEE BODY SCRUB | 30 minutes

A coffee scrub will slough away your dead skin cells, increase circulation and deliver brighter, silky smooth skin with perfection.

IDR 420.000++ /person

IDR 756.000++ /couple

SUNDARIYA VARDHINI

This Ayurvedic beauty regime helps firm and shape facial features as well as to improve your complexion. The application of a face pack and cream made from herbal ingredients is followed by a face, head and neck massage using herbal infused oil. It is suitable for all skin types and works well for pimples, flecks, wrinkles, sagging and eyelash loss.

30 minutes IDR 420.000++ /person

60 minutes IDR 720.000++ /person

30 minutes IDR 756.000++ /couple

60 minutes IDR 1.296.000++ /couple



BATH RITUAL

TEJAS BATHING RITUAL

Started by the Romans as far back about 500Bc, the art of immersing yourself in baths will generate a balance of senses leaving you inspired with calmness. The bath could be experienced with your loved one in the privacy of your villa room or at the Tejas Spa.

ROMANTIC FLOWER BATH | 30 minutes

The degree of togetherness and closeness you share with your partner during this time is nearly unmatched by any other romantic moment. A romantic bath can ease away a stressful day. Making the most of this romantic ritual can light just about anyone's romantic fire.

IDR 420.000++ /person

IDR 756.000++ /couple

REVITALIZING HERBAL BATH | 30 minutes

A Revitalizing herbal bath is a great way to relax and relieve tension, soothe aching muscles and joint, stimulate blood circulation, and help chase away a cold. Each unique blend of herbal enhances the natural healing and soothing effects of warm bath.

IDR 420.000++ /person

IDR 756.000++ /couple

UNAGI BATH | 30 minutes

Experience of Unagi bath secret with a sensual bath a slice cucumber,lemon,lime and essential oil. Unagi bath relieved stress, nourishes the skin, boots immunity and improves blood circulation. of warm bath.

IDR 420.000++ /person

IDR 756.000++ /couple

IDR 280.000



SPA PACKAGES

BALINESE BOREH RITUAL | 120 minutes

Tejas foot ritual, Balinese massage, Balinese boreh, Revitalizing herbal bath

This traditional Balinese treatment uses an age old recipe to prevent colds during the rainy season. It involves a paste made from fresh herbs and spices, which is applied to the body to increase blood circulation and ease muscle pain.

IDR 1.014.000++ /person

IDR 1.825.000++ /couple

ASMARA TEJAS | 180 minutes

Foot ritual, Deep tissue sport Massage, Balinese lulur scrub, Romantic flower bath, Sundariya vadhini

Romantic indulgence for a truly romantic treatment to make you feel your best, with romantic flower bath that connect you with your partner. The experience will conclude with Balinese lulur scrub to exfoliate the dead skin cell and a total relaxing massage bringing you to mutual level of relaxation.

IDR 1.620.000++ /person

IDR 2.916.000++ /couple

TEJAS JOURNEY | 180 minutes

Product demonstration, Tejas Foot Ritual, Tejas seamless experience massage, coconut Body scrub, Unagi Bath, Light meal, Spa gift at your choice

Tejas spa at adiwana unagi present an inspiring collection of experiences that unveil bali's traditional healing and beauty secret. Many ritual at Tejas spa make use of indigenous ingredients to naturally cleanse and nourish the skin. Guest will have the opportunity to demonstrate how to prepare the fresh ingredient to produce wholesome coconut scrub and followed by a replenishing spa treatment to counteract the effect of modern lifestyle. Finally a nutritionally balanced light meal is served to bring this experience encounter full circle. A spa gift is presented upon conclusion as a small keepsake of the journey.

IDR 1.620.000++ /person

IDR 2.916.000++ /couple

LONG STAY PACKAGE

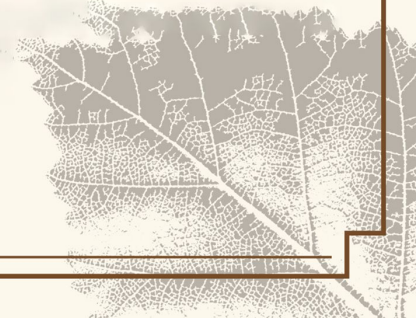
4 - 5 Days

IDR 1.600.000 nett /person

- Balinese Massage or Deep Tissue Massage
- Sandalwood Body Scrub + Extra face and Head Massage
- Facial 60 minutes

6 Days

IDR 3.300.000 nett /person

- Balinese Boreh Ritual
 - Two times Balinese Massage
 - River Stone Massage + Face Massage
 - Facial 60 minutes
- 

SPA INFORMATION

The information listed below has been compiled to help you make the most of your experience at Tejas Spa. Please do not hesitate to contact us if you have any further questions or require assistance in choosing a treatment to suit your needs.

SPA HOURS

Tejas Spa opens from 10:00am to 10:00pm daily.

RESERVATIONS

Reservations are highly recommended. Please call #6 to book a treatment or call (+62 361) 6209999 for Tejas Spa at Adiwana Unagi Suites

PRE-INFORMATION

For your comfort, kindly take a shower prior to treatment, you may also come in your room kimono.

We advise you to arrive at least 15 minutes prior to your scheduled appointment, which will enable us to prepare you for your spa experience. Arriving late will limit the time and full benefits of your treatment.

Please refrain from sunbathing, heavy eating and consuming alcoholic beverages prior to your treatment as this may have an adverse effect on your spa experience.

Please let us know if you are feeling unwell or have a history of high/low blood pressure, allergies or a health condition that requires medication.

Our spa treatment rooms cater to the needs of individuals or couples. We will provide you with disposable underwear, slippers, towels, shower facilities and a hair dryer for your comfort and convenience.

Please leave any valuables and personal belongings in your room.

We will not accept responsibility for the loss of valuables brought to the spa.

While it is not necessary for you to take out contact lenses during your treatment, we advise you to bring your case and solution to the spa just in case you feel any discomfort.

NOTE FOR MEN

Men are advised not to shave for at least three hours before a facial.

NOTE FOR WOMEN

Women are required to remove all traces of make-up prior to any treatment and avoid shaving before a body exfoliation treatment. Body treatments are not appropriate for pregnant women. However, please ask our receptionist to advise what treatments/rituals are considered safe to experience during pregnancy.

CANCELLATION

Please notify the spa 12 hours in advance if you would like to cancel or reschedule your appointment. A 50% cancellation fee will be levied for treatments cancelled less than 12 hours in advance.

No-shows will be charged the full amount for missed services.

PAYMENT

Tejas Spa accepts cash and all major credit cards including Visa, Master Card and JCB. All rates are in Indonesian Rupiah and subject 21% government and service charge.

PROHIBITED

Photography and smoking in and around the spa are strictly prohibited.

AGE LIMITATION

Children under the age of 14 are not permitted to use the spa facilities. Please do not leave the children unattended in the spa reception.